



Saint Kateri Tekakwitha

NATIONAL SHRINE & HISTORIC SITE

WELCOME TO THE KANIEHKEHAKA MEADOW TRAIL *Part of the Saint Kateri Tekakwitha Shrine*

This area near the Caughnawaga site would have been important to the people of the village. Fields directly around Mohawk villages were cultivated with the Three Sisters plants—maize, beans, and squash—that made up most of the Mohawk diet. Meadows were also often maintained through periodic burning and used to attract and harvest game animals.

Meadows are still important today in supporting diverse plants, animals, and insects. The following plants have been identified in this area—see if you can spot them yourself:

goldenrod
bloom time August-October



wild strawberry
bloom time April-June



common toadflax
bloom time May-August



staghorn sumac
bloom time June-July



Queen Anne's lace
bloom time June-August



self-heal
bloom time June-September



common milkweed
bloom time June-August



ragweed
bloom time July-October



dogbane
bloom time June-August



common evening primrose
bloom time June-September



round-headed bush clover
bloom time July-October



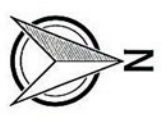
asters
bloom time August-October



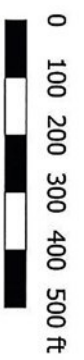
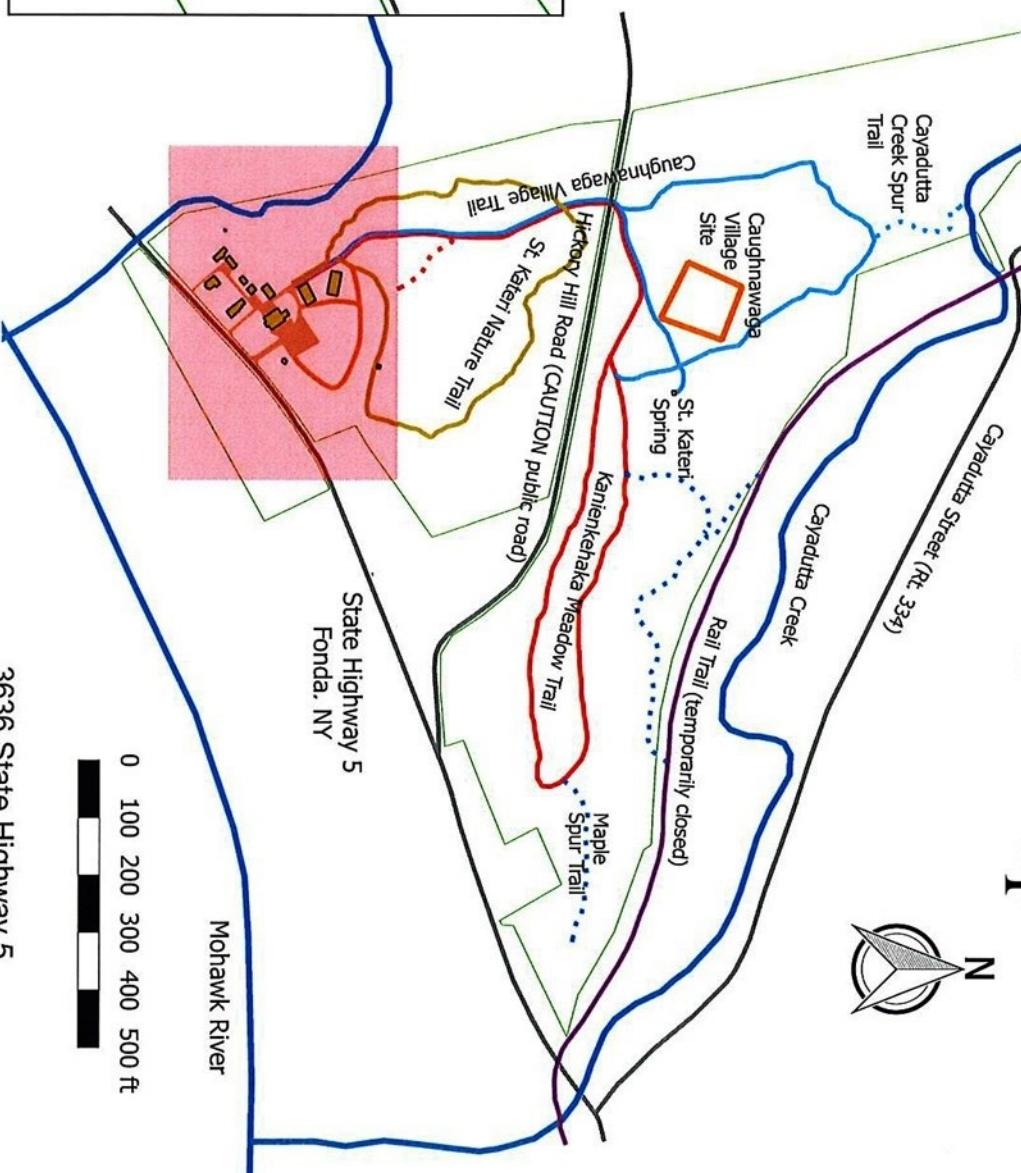
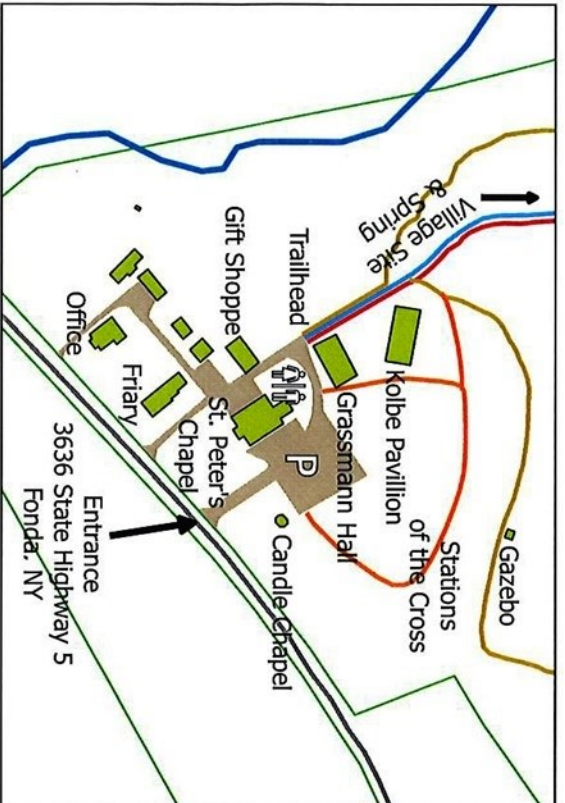
Would you like to contribute to maintaining our trail network? You can donate here: <https://tinyurl.com/ytm4n97u> or by scanning the QR code. We are a 501(c)3 non-profit and rely solely on donations and grants (EIN 43-2037018). We receive no state or federal funding.



Trail Map



- Legend**
- St. Kateri Tekakwitha Nature Trail (Yellow)
 - Kanienkehaka Meadow Trail (Red)
 - Caughnawaga Village Trail (Blue)
 - Caughnawaga Village Site
 - Maple Spur Trail
 - Cayadutta Creek Spur Trail
 - Public Roads
 - Buildings
 - Shrine Roads & Parking
 - Trail to Rail Trail (temporarily closed)
 - Rail Trail (off site, temporarily closed)



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Main Grounds